



<p>What is your favorite healthy drink?</p>	
<p>Lilit from Armenia talks about her favorite healthy drink.</p>	
<p>Match the words in bold with the words to the right. Then use them in the sentences below.</p>	
<p>Hi, there. My name is Lilit and I'm from Armenia. Today, my question is, what is your favorite healthy drink?</p> <p>My favorite healthy drink is carrot and apple juice. Actually, I've always liked drinks which contain ginger, mint, lemon, and lime, but I've learned that these things can actually help you to lose weight. I've always struggled with gaining weight, so I stopped drinking them and started looking for other healthier solutions. And now, I just drink carrot and apple juice fresh out of the juicer. They contain all sorts of vitamins. They help me to gain energy and not to get sick throughout the year.</p> <p>I always drink my juice in the mornings when I get up, about 30 minutes before I start my exercising routine. It just really helps me to stay energized and to feel healthy throughout the day.</p>	<p>many types of in fact directly out of wake up had difficulties </p> <p>Do you _____ at 8 AM?</p> <p>The supermarket has _____ veggies.</p> <p>I've always _____ with riding a bike.</p> <p>I like my fruits _____ the cold fridge.</p> <p>It's cloudy. I _____ think it might rain.</p>
<p>Answer questions about the lesson.</p>	<p>Match the responses below to the questions.</p>
<p>1) She has always liked drinks with ____.</p> <p>a) sugar b) ginger</p> <p>2) Her favorite drinks help her stay ____ .</p> <p>a) awake b) healthy</p> <p>3) She drinks it ____ she exercises.</p> <p>a) before b) after</p>	<p>Q1 Do you like any healthy drinks? A1</p> <p>Q2 What helps you to have energy daily? A2</p> <p>Q3 What are your exercise habits? A3</p> <p>Q4 Do you prefer fruits or vegetables? A4</p> <p>Q5 Do you need juice fresh out of the juicer? A5</p> <p>(_) Listening to music makes me lively. (_) Yes, I'm a fan of green tea. (_) No, bottled and from the store is fine. (_) I just run about twice a week. (_) I like fruits, because they're sweet!</p> <p>What are your answers to the questions?</p>
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<p>Answer questions about the lesson.</p>	<p>Match the responses below to the questions.</p>
<p>1) She has always liked drinks with ____.</p> <p>a) sugar b) ginger(X)</p> <p>2) Her favorite drinks help her stay ____ .</p> <p>a) awake b) healthy(X)</p> <p>3) She drinks it ____ she exercises.</p> <p>a) before(X) b) after</p>	<p>Q1 Do you like any healthy drinks? A1 Yes, I'm a fan of green tea. Q2 What helps you to have energy daily? A2 Listening to music makes me lively. Q3 What are your exercise habits? A3 I just run about twice a week. Q4 Do you prefer fruits or vegetables? A4 I like fruits, because they're sweet! Q5 Do you need juice fresh out of the juicer? A5 No, bottled and from the store is fine.</p> <p>(2) Listening to music makes me lively. (1) Yes, I'm a fan of green tea. (5) No, bottled and from the store is fine. (3) I just run about twice a week. (4) I like fruits, because they're sweet!</p> <p>What are your answers to the questions?</p>
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