Accidental Feelings

Shibika shares her feelings about how she felt after her accident.

Fred: So, after this horrible accident, how did life your change? What could you say are your after thoughts after surviving such an experience?

Shibika: Right. Like, to be completely honest, in the beginning I was really upset and I was like, you know, "Why does this have to happen to me?" you know. That is like immediately what you feel, what anybody would feel. But then when after, you know, recovering and while I was going through the whole thing, I basically realized that these things, they don't happen for a reason. My friend, he did not want to bang the car, you know, he didn't have anything against me. He really regretted it.

Fred: Yeah, it wasn't his fault.

Shibika: Exactly. It's nobodies fault, so it happens. It happens to teach you something, I guess, so basically I learned that such things happen. It made me a stronger person, you know, I was like, not scared of car accidents or stuff like that anymore because I'm like, OK, they're a part of your life and they go on, so. Yeah, and then I was taken care of. I had all the time, these people, surrounded by people, yeah, who used to come: my relatives, my friends, they came to visit me. All of them got really worried so you feel kind of special. You feel that, OK, you know, like it really matters for other people when something happens to you.

Fred: So that must be a really good feeling.

Shibika: Exactly, and like, out of all the people, my mom had helped me the most, because I couldn't even move because of the plaster. I couldn't move my hand. I couldn't do anything on my own. I couldn't eat by myself, so she had to feed me. She had to and I felt like a kid again, and she had to do everything for me.
**Comprehension Page**

**Main Points:** Answer the following questions about the interview.

1) How did she feel initially?  
   a) Fortunate  
   b) Thankful  
   c) Upset  

2) Eventually, how did she feel?  
   a) Scared  
   b) Stronger  
   c) Fragile  

3) How did her relatives make her feel?  
   a) Spoiled  
   b) Special  
   c) Silly  

4) How did her mother make her feel?  
   a) Like a kid  
   b) Like a parent  
   c) Like an adult

**Phrase Match:** Match the phrases on the left with the example on the right.

1. completely honest  
   ___ no one is to blame; accidents happen  

2. what anybody would feel  
   ___ youthful  

3. it’s nobody’s fault  
   ___ universal reaction  

4. I couldn’t even move  
   ___ couldn’t do easy things  

5. I felt like a kid again  
   ___ to tell the truth

**Unscramble:** Put the mixed up sentences in the correct order.

1. feel | difficult experience | how do you | from such a | after recovering | ?  

2. fault | the accident | was | whose | ?

3. anyone else | more than | took care of you | who | ?

4. how | to not be able | did you feel | to take care | of yourself | ?

**Discussion:** Can you remember how Shibika answered the above questions?
Summary

Initial Feelings

Hindsight

Relatives

Mommy
Fred: So, after this horrible accident, how did life your change? What are... What could you say are your after thoughts of after surviving ________________?

Shibika: Right. Like, to be completely honest, in the beginning I was really upset and I was like, you know, "Why does this have to ________________?" you know. That is like immediately what you feel, what anybody would feel. But then when after, you know, recovering and after... while I was going through the whole thing, I basically realized that these things, they don't ________________. My friend, he did not want to bang the car, you know, he didn't have anything against me. He really regretted it.

Fred: Yeah, it wasn't his fault.

Shibika: Exactly. It's nobodies fault, so it happens. It happens to teach you something, I guess, so basically I learned that ________________. It made me a stronger person, you know, I was like, no more scared of car accidents or stuff like that because I'm like, OK, they're a part of your life and they go on, so. Yeah, and then I was ________________. I had all the time, these people, surrounded by people, yeah, who used to come: my relatives, my friends, they ________________. All of them got really worried so you feel kind of special. You feel that, OK, you know, like it really matters for other people when ________________.

Fred: Wow, that's really nice to hear. So yeah, so when something like this happens, you always have people around you to help you.

Shibika: True, yeah.

Fred: So that must be a really good feeling.

Shibika: Exactly, and like, out of all the people, my mom had ________________, like because I couldn't even move because of the plaster. I couldn't move my hand. I couldn't ________________. I couldn't eat by myself, so she had to feed me. She had to and I felt like a kid again, and she had to ________________.
What do you think?

Write the number of the question being answered in the box

1. When have you felt that life isn’t fair?
   - Sawitri - Thailand
   - Julien - France
   - Although my husband and kids are great, sometimes I wish I wouldn’t have started a family at such a young age. First of all, I would have liked to travel more. Secondly, I never had a chance to go to college. Finally, since the day my kids were born, I have never had a chance to relax and be lazy. If I could do it all over again, I would have kids at the age of 30.

2. What is your biggest regret?
   - Even though I am already in my late twenties, my mom thinks I can’t do anything by myself. Whenever she comes over she complains that my room is messy. She even calls early on the weekends sometime to remind me of my weekend chores. When is she going to realize that I am an adult? It drives me crazy!

3. Do you believe that things happen for a reason?
   - Mau - Costa Rica
   - Since I am a religious person, I believe that things really do happen for a reason. For example, if something bad happens, God is trying to teach you a lesson. If something good happens, God is rewarding you for being good. Sometimes it’s hard to understand why he does what he does but if you think deeply, you can understand.

4. There is a famous saying, “What doesn’t kill you will make you stronger.” Do you agree?
   - Matt - Australia
   - If you know anything about lifting weights than you will agree that you make the most gains when you are in a lot of pain. No pain, no gain. When you break your muscles down by lifting hard, they grow back stronger. You can’t get stronger by doing sissy workouts for 10 minutes with light weights. That’s obvious, isn’t it?

5. If you were in the hospital, who do you think would come to visit?

6. Do your parents still treat you like a kid sometimes?

Write about one of the discussion questions:

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Comprehension Page: **ANSWER KEY**

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   2. universal reaction

4. I couldn’t even move  
   4. couldn’t do easy things

5. I felt like a kid again  
   1. to tell the truth

**Unscramble:** Put the mixed up sentences in the correct order. *Sometimes more than one answer is possible.*

1. feel | difficult experience | how do you | from such a | after recovering | ?  
   How do you feel after recovering from such a difficult experience?

2. fault | the accident | was | whose | ?  
   Whose fault was the accident?

3. anyone else | more than | took care of you | who | ?  
   Who took care of you more than anyone else?

4. how | to not be able | did you feel | to take care | of yourself | ?  
   How did you feel to not be able to take care of yourself?

**Discussion:** Can you remember how Shibika answered the above questions?
Fred: So, after this horrible accident, how did life your change? What are... What could you say are your after thoughts of after surviving such an experience?

Shibika: Right. Like, to be completely honest, in the beginning I was really upset and I was like, you know, "Why does this have to happen to me?" you know. That is like immediately what you feel, what anybody would feel. But then when after, you know, recovering and after... while I was going through the whole thing, I basically realized that these things, they don't happen for a reason. My friend, he did not want to bang the car, you know; he didn't have anything against me. He really regretted it.

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