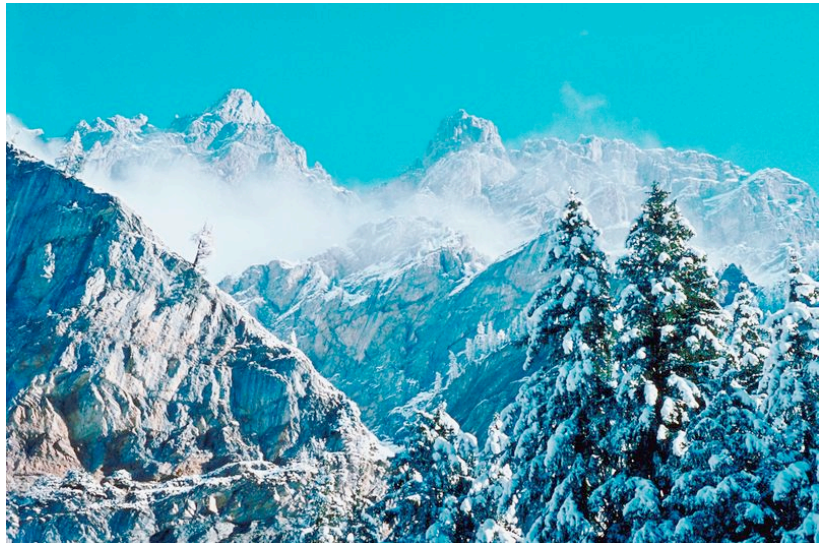


# Switzerland

Christophe tries to convince Aiste to go to Switzerland.



1 **Christophe:** Hey, Aiste, I know you're not really into running, but would you like join me running a marathon?

**Aiste:** Join you running a marathon? What do you mean?

**Christophe:** Well, actually, next week I am going to run a marathon in Switzerland, so right now I'm going alone all by myself. I have nobody to go with me, so I was thinking maybe you would like to go with me. Join me, so I'm not alone.

2 **Aiste:** Oh, next week, yes, we have a holiday and actually I was thinking I have no plans for this holiday. And Switzerland, that sounds like a wonderful country. How are we going to get there?

**Christophe:** Well, I was thinking of taking the train from Brussels, so we just take the train around eight 0'clock in the evening, and when we arrive there in the morning, we can have a nice sleep during

the night on the train and, well, just next morning we are there.

3 **Aiste:** Oh, that sounds great. Definitely. Can you tell me more about the marathon? What type of marathon it is, and how are you planning to do that?

**Christophe:** Well, actually, it's a mountain marathon. It's quite interesting. It's not just like a flat marathon. It goes from 500 meter altitude to 2,300 meters altitude, so the finish is close to a glacier. It's really very impressive. I think you will like it.

4 **Aiste:** Oh, that sounds really difficult. Are you sure, you're prepared for that?

**Christophe:** Oh, yeah, I prepared three months for this marathon. I put a lot of work into it. It was a lot

of training, so I think I will be fine, but what about you? Will you run it too?

5 **Aiste:** No, no no. No, no, no. NO way. I don't think I can run the marathon, but I suppose in Switzerland they should have some kind of elevator or funicular to get up the mountain. Can I see you reaching the glacier happy?

**Christophe:** Well, actually, they organized some special trains for supporters of the runners, so if you join me, you can just buy a train ticket, jump on the train, and see me running while you are taking the train. It's a perfect combination or tourism and supporting me at the same time.

**Aiste:** Oh, that sounds really great. Let's do that.



## Summarize

Take notes as you listen or read the interview on the left side of the paper. Then write complete sentences to summarize the story in your own words. The first one is done.

<p>Part 1: not into running, but join me</p> <p>Switzerland, going alone</p> <p>join me, no plans, sounds good</p>	<p><u>Christophe is planning to do a marathon in Switzerland and he's going alone so he asks Aiste if she would like to go with him. She says that she doesn't have any plans so it sounds like a great idea to her.</u></p>
<p>Part 2: transportation?</p> <p>night train from Brussels</p> <p>wake up there, sounds great</p>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Part 3:</p>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Part 4:</p>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Part 5:</p>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

## Start a Conversation:



Match the following questions with the responses.

1. Are you going by yourself?	___ No, you can just cheer for me while I run.
2. When is your spring break?	___ I was planning to go alone, but it would be great if you went with me.
3. Have you ever done a marathon?	___ No, I'm not in good enough shape to run a marathon. Are you crazy?
4. Have you ever been to Switzerland?	___ I have 5 days off at the beginning of next month.
5. I was wondering if you would like to join me?	___ Of course! I've ridden on it hundreds of times and I've never had a problem.
6. Do you think you have trained enough?	___ I don't have any plans, so...why not? Sure!
7. How will we get there?	___ We can take a train. The easiest way is to take the night train.
8. Is the night train safe?	___ I was in track in high school but I don't think I have run at all since then.
9. Do you think you will run too?	___ Yeah, I've been training everyday for 3 months. I'm in great shape.
10. Do I have to run if I go?	___ No, I've never been there but I've always wanted to go.

# Keep the Conversation Going

Keep the conversations going by using the words in **bold** for ideas and then ask a follow up question.



A: Did your **parents** used to cut your **hair** when you were a **kid**?

B: Yeah but they always did a **terrible** job. It is so **embarrassing** to have a **bad haircut**, isn't it?

A: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(Write a question here) \_\_\_\_\_ ?

-----

A: When I went to **Vietnam**, the **coffee** was so amazing.

B: I heard that it's really **sweet**. I'll bet they have a lot of good **desserts** too.

A: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(Write a question here) \_\_\_\_\_ ?

# Keep the Conversation Going



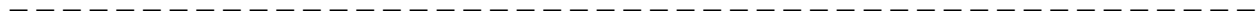
Keep the conversations going by using the words in **bold** for ideas and then ask a follow up question.

A: What kind of **exercise** do you do to keep such a great **figure**?

B: Actually, I'm pretty **lazy**, but I have a **dog** so I **walk** him everyday.

A: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(Write a question here) \_\_\_\_\_?



A: How do you find the **motivation** to train everyday for the **marathon**?

B: I set **short-term goals** and **long-term goals** and then I **visualize** myself completing them.

A: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(Write a question here) \_\_\_\_\_?